



Ligue Alzheimer A.S.B.L.

Tel. +32 4 229 58 10

Email : ligue.alzheimer@alzheimer.be

Websites : www.alzheimer.be - www.alzheimercafe.be

Dementia Friendly City



Charter

By being a *Dementia Friendly City*, the signatory city aims to commit itself to encourage the inclusion of people with dementia and their relatives within their community.

Each activity must contribute to an improvement of the quality of life of people with dementia and their relatives and/or carers.

This Charter is available to all local authorities and to the 'Provinces'.





Tel. +32 4 229 58 10

Email : ligue.alzheimer@alzheimer.be

Websites : www.alzheimer.be - www.alzheimercafe.be

Sensitization

Sensitization's objectives are the disease's demystification and a change of the way Alzheimer is perceived by the general public.

Several means are used to reach this purpose. These means include the organization of annual conferences designed for the diseased people, their relatives, Health professionals, students and to all the people living in the area and concerned by the disease.

Moreover, la Ligue Alzheimer offers several training sessions aiming to make the different types of dementia better known and to adapt one's behavior when dealing with concerned people.

The Dementia-Referent Agents – also known as Proxidem – would be in charge of the sensitization initiatives.

Information and orientation services for people with dementia and their relatives

Contingent of its financial capacities and the city's particularities, the city-partner can create a department in charge of providing concerned people (disoriented people and their relatives, but also the general public) with information and orientation advices. Such a department will enable these people to be listened to.

This kind of service will aim to analyse the requests formulated by concerned people and to help them. The Proxidem could be the person in charge of this service.

Cities must promote the visibility of this service.





Tel. +32 4 229 58 10

Email : ligue.alzheimer@alzheimer.be

Websites : www.alzheimer.be - www.alzheimercafe.be

The 'right to the difference'

Each person with dementia should feel that he/she is fully part of the city. Diseased people should be listened to and satisfied with their daily needs; they should also receive useful information and participate in activities.

The 'right to the difference' is the recognition of the same rights and duties for all, and the decision to consider each person as a full-fledged citizen.

Actions and activities within the city

Each Dementia Friendly City should commit itself to organize or collaborate to the organization of activities designed for people with dementia and their relatives.

Cities must choose a Proxidem during the first year of functioning.

At least one of the following activities should take place in the city:

- Collaboration to the annual conferences cycle in the area (with la Ligue Alzheimer)
- Logistical collaboration to the organization of training sessions designed for relatives of people with dementia (with la Ligue Alzheimer)
- Participation in the training session designed for professionals (with la Ligue Alzheimer)
- Organization of an Alzheimer Café (with la Ligue Alzheimer)
- Presence in the city of a nursing home with specific caring for people with dementia
- Presence of a day-care center in the area
- Home care workers offering a respite time to the carers

and so on...





Tel. +32 4 229 58 10

Email : ligue.alzheimer@alzheimer.be

Websites : www.alzheimer.be - www.alzheimercafe.be

Consultation

Dementia Friendly Cities are invited to closely collaborate with la Ligue Alzheimer.

Moreover they should hold consultation meetings and keep the co-signatories of the Charter updated of any new actions and of the advancement of those already existing.

